



Monday April 19th, 2021-

1- Roasted Pork Tenderloin (Chicken Breast) w/ Blueberry Compote served w/ Waldorf Salad & Sautéed Baby Green Beans...\$15 + t

2- Lemon-Ginger Chicken Soup w/ Sweet Potatoes & Spinach served with a Side Salad made with Grapes, Oranges, Almonds and Orange Vinaigrette...\$14 + t

Tuesday April 20th, 2021-

1- Mediterranean Chicken (Salmon) Sauté in "Power Pesto" with Basil, Spinach & Kale with Corn and Baby Tomatoes w/ a little Feta & served over Spaghetti Squash (Regular Noodles) ...\$15/17+t

2- Gluten Free Veggie & 3-Cheese OR Three Meat (Beef, Pork & Italian Sausage) & 3-Cheese Lasagna served w/ an Italian Side Salad w/ Artichokes, Tomatoes & Feta Vinaigrette...\$16 + t

Wednesday April 21st, 2021-

1 - Asian Chicken (or Shrimp) Stir-fry packed with Fresh Oriental Veggies, Sugar Snap Peas & Broccoli served over Brown Rice (or Sweet Potato Rice) and topped with Cashews...\$15 + t

2- Chicken Breast (Salmon) in a Creamy Dijon Sauce, Parmesan Risotto (Sweet Potato Rice) and Vegetable Medley...\$15/17 + t

Thursday April 22nd, 2021-

1- Pan Seared Ahi Tuna (Chicken) Deconstructed Bowl-Lime Ginger Sauce w/Sticky Coconut & Lime Rice, Asian Vegetable Medley, Avocado Salsa & Spiced Cashews...\$17/15 + tax

2- Argentinian Beef Tenderloin Shoulder (Chicken Breast) topped with fresh Chimichurri & served w/ Vegetable Medley & BBQ Potato Salad w/ Almonds...\$17/15+t

Available Monday-Thursday

*Whole Roasted Organic Chicken w/Root Vegetables & Broccoli..... \$28.50+tax

*Signature Chicken Salad with Oranges, Pecans & Apple...\$8.95/#

**All Meals can be Gluten-Free

*Substitutions Available

****Please Allow a minimum of 24-Hour Notice**